

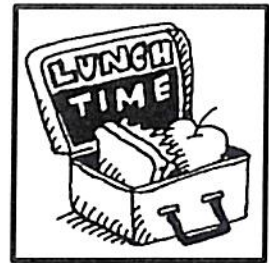
Lunch Includes:

- *Main Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk

Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2026

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken with a Breadstick Corn Mixed Fruit or Seasonal Fresh Fruit	Pork Riblet Sandwich Baked Beans or Tossed Garden Salad Peaches Cookie Treat!	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice or Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Dinner Roll Broccoli or Tossed Garden Salad Fruit Cup	Mac-n-Cheese with a Pretzel Rod Carrots Applesauce or Seasonal Fresh Fruit
2	Hamburger or Cheeseburger on a Bun French Fries Pineapple or Seasonal Fresh Fruit	Pasta with Meat Sauce with Garlic Toast Green Beans or Tossed Garden Salad Fruit Cup	Chicken Nuggets with a Dinner Roll Broccoli Applesauce or Seasonal Fresh Fruit	Mini Corn Dogs Baked Beans or Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mozzarella Sticks with Dipping Sauce Carrot Sticks with Dip Peaches or Seasonal Fresh Fruit
3	Pepperoni Pizza Carrot Sticks with Dip Pears or Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans) Corn Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice or Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) Potato Smiles or Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce or Seasonal Fresh Fruit Cookie Treat!
4	Chicken Patty on a Bun (Spicy OR Regular) Baked Beans Frozen Juice Cup or Seasonal Fresh Fruit	Fiestada Pizza Corn or Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick Mashed Potatoes with Gravy Applesauce or Seasonal Fresh Fruit	Orange Chicken over Rice with a Breadstick Broccoli or Tossed Garden Salad Mandarin Oranges	Cheese Pizza Carrots Fruit Cup or Seasonal Fresh Fruit

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

USDA is an equal opportunity provider, employer, and lender.

January 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan