

Lunch Includes:

- *Main Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2024

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken Mash Up with Gravy and a Breadstick Corn Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Riblet Sandwich Baked Beans <i>or</i> Tossed Garden Salad Peaches	Meatball Sub Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders With a Roll French Fries <i>or</i> Tossed Garden Salad Fruit Cup	Mozzarella Sticks with Dipping Sauce Carrots Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!
2	Hamburger or Cheeseburger on a Bun Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Chicken Nuggets with a Roll Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Corn Dog Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mac-n-Cheese with a Pretzel Rod Carrot Sticks with Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza Carrot Sticks with Dip Pears <i>or</i> Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans) Corn Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!
4	Chicken Patty on a Bun (Spicy OR Regular) Broccoli Frozen Juice Cup <i>or</i> Seasonal Fresh Fruit	Fiestada Pizza Corn <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Popcorn Chicken with a Breadstick Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Hot Dog on a Bun Baked Beans <i>or</i> Tossed Garden Salad Mandarin Oranges Cookie Treat!	Cheese Pizza Carrots Fruit Cup <i>or</i> Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

This institution is an equal opportunity provider.

August 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan