




Catholic Diocese of Cleveland
 Nutrition Services
 Nourishing Tomorrow, Today




BREAKFAST Menu Correspond the cycle week to the color-coordinated calendar below. **August-December 2024**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll <i>or</i>) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
2	Breakfast Bun <i>or</i>) Bowl of Cereal Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk
3	Breakfast Muffin <i>or</i>) Bowl of Cereal Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese) <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll <i>or</i>) Bowl of Cereal Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich <i>or</i>) Bowl of Cereal Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk
4	Breakfast Bun <i>or</i>) Bowl of Cereal Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup <i>or</i>) Bowl of Cereal Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle <i>or</i>) Bowl of Cereal Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup <i>or</i>) Bowl of Cereal Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry) <i>or</i>) Bowl of Cereal Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.
 Substitutions of items may be necessary.

This institution is an equal opportunity provider.

August 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024


S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

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					1	2
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17	18	19	20	21	22	23
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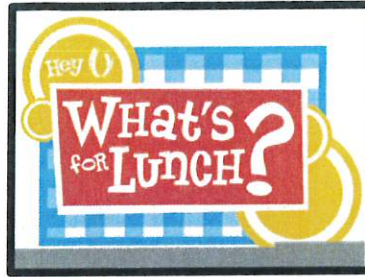
December 2024

S	M	T	W	T	F	S
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22	23	24	25	26	27	28
29	30	31				

 Week 1 Meal Plan  Week 2 Meal Plan  Week 3 Meal Plan  Week 4 Meal Plan

Lunch Includes:

- *Main Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk



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LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2024

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken Mash Up with Gravy and a Breadstick Corn Mixed Fruit or Seasonal Fresh Fruit	Riblet Sandwich Baked Beans or Tossed Garden Salad Peaches	Meatball Sub Broccoli Pears or Seasonal Fresh Fruit	Chicken Tenders With a Roll French Fries or Tossed Garden Salad Fruit Cup	Mozzarella Sticks with Dipping Sauce Carrots Applesauce or Seasonal Fresh Fruit Cookie Treat!
2	Hamburger or Cheeseburger on a Bun Broccoli Pineapple or Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast Green Beans or Tossed Garden Salad Fruit Cup	Chicken Nuggets with a Roll Mashed Potatoes with Gravy Applesauce or Seasonal Fresh Fruit	Corn Dog Baked Beans or Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mac-n-Cheese with a Pretzel Rod Carrot Sticks with Dip Peaches or Seasonal Fresh Fruit
3	Pepperoni Pizza Carrot Sticks with Dip Pears or Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans) Corn Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice or Seasonal Fresh Fruit	Chicken Tenders Potato Smiles or Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce or Seasonal Fresh Fruit Cookie Treat!
4	Chicken Patty on a Bun (Spicy OR Regular) Broccoli Frozen Juice Cup or Seasonal Fresh Fruit	Fiestada Pizza Corn or Tossed Garden Salad Mixed Fruit Cookie Treat!	Popcorn Chicken with a Breadstick Mashed Potatoes with Gravy Applesauce or Seasonal Fresh Fruit	Hot Dog on a Bun Baked Beans or Tossed Garden Salad Mandarin Oranges Cookie Treat!	Cheese Pizza Carrots Fruit Cup or Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

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August 2024

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■ Week 1 Meal Plan

■ Week 2 Meal Plan

■ Week 3 Meal Plan

■ Week 4 Meal Plan