

**BREAKFAST Menu** Correspond the cycle week to the color-coordinated calendar below. **January-May 2026**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Applesauce Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Breakfast Muffin  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>2</b>	Breakfast Bun  or) Bowl of Cereal  Mandarin Oranges 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Assorted Bagels with Cream Cheese and Jelly  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk
<b>3</b>	Breakfast Muffin  or) Bowl of Cereal  Peach Cup 100% Fruit Juice ½ Pt. Milk	Breakfast Pizza (Bacon, Egg & Cheese)  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Cinnamon Roll  or) Bowl of Cereal  Applesauce 100% Fruit Juice ½ Pt. Milk	Maple Pancake & Sausage Sandwich  or) Bowl of Cereal  Pineapple 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk
<b>4</b>	Breakfast Bun  or) Bowl of Cereal  Pears 100% Fruit Juice ½ Pt. Milk	French Toast Sticks with Syrup  or) Bowl of Cereal  Strawberry Cup 100% Fruit Juice ½ Pt. Milk	Dutch Waffle  or) Bowl of Cereal  Peaches 100% Fruit Juice ½ Pt. Milk	Pancakes with Syrup  or) Bowl of Cereal  Mixed Fruit 100% Fruit Juice ½ Pt. Milk	Poptarts (Cinnamon or Strawberry)  or) Bowl of Cereal  Fruit Cup 100% Fruit Juice ½ Pt. Milk

Please note that regulations require that at least one fruit side be chosen with each breakfast.

Substitutions of items may be necessary.

**USDA is an equal opportunity provider, employer, and lender.**

January 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

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March 2026

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29	30	31				

April 2026

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May 2026

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					1	2
3	4	5	6	7	8	9
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Week 1 Meal Plan
  Week 2 Meal Plan
  Week 3 Meal Plan
  Week 4 Meal Plan

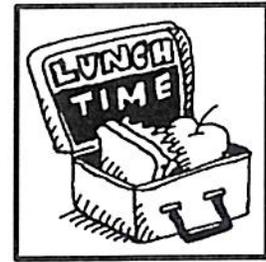
**Lunch Includes:**

- \*Main Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk

Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



**LUNCH Menu**

Correspond the cycle week to the color-coordinated calendar below.

**January-May 2026**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Popcorn Chicken with a Breadstick Corn Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Pork Riblet Sandwich Baked Beans <i>or</i> Tossed Garden Salad Peaches Cookie Treat!	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders (Spicy <i>OR</i> Regular) with a Dinner Roll Broccoli <i>or</i> Tossed Garden Salad Fruit Cup	Mac-n-Cheese with a Pretzel Rod Carrots Applesauce <i>or</i> Seasonal Fresh Fruit
<b>2</b>	Hamburger <i>or</i> Cheeseburger on a Bun French Fries Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce with Garlic Toast Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Chicken Nuggets with a Dinner Roll Broccoli Applesauce <i>or</i> Seasonal Fresh Fruit	Mini Corn Dogs Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Mozzarella Sticks with Dipping Sauce Carrot Sticks with Dip Peaches <i>or</i> Seasonal Fresh Fruit
<b>3</b>	Pepperoni Pizza Carrot Sticks with Dip Pears <i>or</i> Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans) Corn Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders (Spicy <i>OR</i> Regular) Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!
<b>4</b>	Chicken Patty on a Bun (Spicy <i>OR</i> Regular) Baked Beans Frozen Juice Cup <i>or</i> Seasonal Fresh Fruit	Fiestada Pizza Corn <i>or</i> Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Orange Chicken over Rice with a Breadstick Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Cheese Pizza Carrots Fruit Cup <i>or</i> Seasonal Fresh Fruit

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April 2026

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May 2026

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Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan