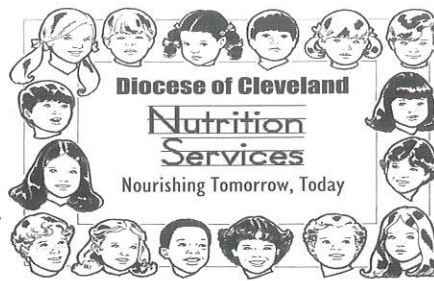


Lunch Includes:

- *Main Item
- *Vegetable Side
- *Fruit Side
- *1/2 Pint Milk



Price per lunch:
\$3.00

If writing a check,
please make
payable to:
DOC Nutrition
Services

LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2020

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheeseburger Sliders Seasoned Potato Wedges Seasonal Fresh Fruit	Chicken Patty on a Bun Baked Beans and Tossed Garden Salad Applesauce Cup	Hamburger / Cheeseburger on a Bun French Fries Mixed Fruit	Chicken Tenders Broccoli and Tossed Garden Salad Fruit Cup	Cheese Stuffed Breadsticks with Dipping Sauce Carrots Seasonal Fresh Fruit
2	Chicken Nuggets with a Roll Mixed Veggies Fruit Yogurt Parfait	Mini Corn Dogs Green Beans and Tossed Garden Salad Seasonal Fresh Fruit	French Toast Sticks with Syrup Tater Tots Strawberry Cup	Chicken Patty on a Bun Baked Beans and Tossed Garden Salad Seasonal Fresh Fruit	Stuffed Crust Cheese Pizza Carrot Sticks with Dip Fruit Cup
3	Personal Pepperoni Pizza Carrots Sticks with Dip Seasonal Fresh Fruit	Popcorn Chicken and a Breadstick Corn and Tossed Garden Salad Pears	Hot Dog on a Bun Baked Beans Applesauce	Chicken Tenders Potato Smiles and Tossed Garden Salad Peaches	Mozzarella Sticks with Dipping Sauce Green Beans Seasonal Fresh Fruit
4	Riblets with a Roll Baked Beans Seasonal Fresh Fruit	Fiestada Pizza Carrots and Tossed Garden Salad Mixed Fruit	Popcorn Chicken with a Breadstick French Fries Applesauce Cup	Hamburger / Cheeseburger on a Bun Broccoli and Tossed Garden Salad Peaches	Mac & Cheese with a Pretzel Rod Mixed Veggies Seasonal Fresh Fruit



Substitutions of items may be necessary.

This institution is an equal opportunity provider.



August 2020

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2020

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan